URL: <http://www.simply-aesthetic.com/>

Simply Aesthetic was established in 2006 with the intention of delivering non-surgical medical aesthetic treatments to help our clients look and feel better without having to undergo invasive surgery. We have since acquired an extensive range of aesthetic devices to help our clients achieve their aesthetic goals quickly and painlessly. This allows us to match non-invasive treatments to suit most inividuals’ goals and preferences. Simply Aesthetic is the only clinic in Singapore to offer **Waterjet-Plus Liposuction**, the Korean modification of the Waterjet-Assisted Liposuction (WAL) technique. This is the safest liposuction technique, associated with the fastest recovery time and lowest complication rate.

**Mission:**

Your comfort and satisfaction are our goals. From a cosy environment, to friendly, professional staff, a variety of effective aesthetic solutions and comprehensive pain management techniques, we intend to help you achieve your aesthetic desires with the least discomfort possible.

**Most Popular Services:**

* Rejuvenation: instant, non-surgical face lifting
* Slimming & Weight Loss: global or targeted fat reduction, choice of non-invasive or liposuction
* Acne & Scar Reduction
* Skin Whitening, Pigmentation Reduction
* Cellulite Reduction

**Services:**

[**Acne & Acne Scar Reduction**](http://www.simply-aesthetic.com/acne-types-treatment/)

* [Acute Acne Treatment](http://www.simply-aesthetic.com/acne-types-treatment/acne-treatment-options/)
* Blackhead Extraction (Microdermabrasion or Radiofrequency)
* [Chemical Peels](http://www.simply-aesthetic.com/acne-types-treatment/acne-treatment-with-chemical-peels/)
* Derma RF Radiofrequency
* [Management of Teenage Acne](http://www.simply-aesthetic.com/acne-types-treatment/teenage-acne/)
* [Treatment of Acne Scars](http://www.simply-aesthetic.com/acne-types-treatment/management-of-acne-scars/)
* Treatment of Acne Pigmentation

[Botox](http://www.simply-aesthetic.com/botox/)

* [Wrinkle Reduction](http://www.simply-aesthetic.com/botox/botox-wrinkle-treatment/) (Forehead, Frown, Crow’s Feet)
* [Facial Slimming & Contouring](http://www.simply-aesthetic.com/botox/botox-facial-slimming/) (Square Jaws)
* Botox Dermalift

[Cellulite Treatment](http://www.simply-aesthetic.com/cellulite-treatment/)

* Creme Lycee
* Ultrasonic Lipolysis (Liposound/Lipodrain)

[**Chemical Peels**](http://www.simply-aesthetic.com/chemical-peels/)

* [Easy TCA Peel](http://www.simply-aesthetic.com/chemical-peels/skin-tech-easy-tca-peel/) (Rejuvenation, Pigmentation)
* [Easy Phytic Peel](http://www.simply-aesthetic.com/chemical-peels/easy-phytic-peel/) (Acne)
* [Glycolic Peel](http://www.simply-aesthetic.com/chemical-peels/glycolic-acid-peels/)

**Hair Loss Prevention**

* Ballvic Serum & Shampoo

[**Non-Surgical Eye Bag Treatments**](http://www.simply-aesthetic.com/eye-bags-causes-treatments/)

* Fillers (Hollow Tear Troughs)
* RF Skin Firming & Fat Melting
* Botox to Relax Eye Muscles

**Injectable Fillers (Hyaluronic Acid)**

* Nose Bridge Enhancement
* Lip Augmentation
* Fill Nasolabial Fold
* Fill Marionette Lines

[**Intense Pulsed Light (IPL)**](http://www.simply-aesthetic.com/ipl-intense-pulsed-light/)

* [Photorejuvenation](http://www.simply-aesthetic.com/ipl-intense-pulsed-light/ipl-photo-rejuvenation/)
* Pigmentation Reduction
* [Permanent Hair Reduction](http://www.simply-aesthetic.com/ipl-intense-pulsed-light/ipl-permanent-hair-reduction/)
* Spider Vein Reduction

**Liposuction**

* [Waterjet-Assisted Liposuction](http://www.simply-aesthetic.com/waterjet-assisted-liposuction-wal/)
* Waterjet-Plus Liposuction

**Melasma Treatment**

* Estelan Depigmentation Regime
* RF Soft Plasma Peel (Melasma Protocol)

[**Microdermabrasion (Crystal Peel)**](http://www.simply-aesthetic.com/microdermabrasion-crystal-peel/)

* Shallow Acne Scar Reduction
* Blackhead/Whitehead Reduction
* Complexion Brightening

[**Nano Perfector**](http://www.simply-aesthetic.com/nano-perfector/)

* Instant Non-Surgical Face Lift
* Melasma Reduction
* Rejuvenation

[Radiofrequency](http://www.simply-aesthetic.com/radiofrequency-rf-in-aesthetics/) **(Derma RF**[Supercapacitative Technology](http://www.simply-aesthetic.com/radiofrequency-rf-in-aesthetics/superpulse-rf-radiofrequency-technology/" \o "Supercapacitative RF Technology" \t "_self)**)**

* [Non-Surgical Face Lifting](http://www.simply-aesthetic.com/radiofrequency-rf-in-aesthetics/radiofrequency-face-lifting/)
* Open Pore Reduction
* Soft Plasma Peel
* RF Resurfacing
* Fat Melting (Face & Body)
* Stretch Mark Reduction
* Body Lifting

**Slimming & Weight Management**

* Body Composition Analysis
* Target (Ideal) Weight Calculation, BMR
* [Drug-Free Metabolic Stimulation](http://www.simply-aesthetic.com/metabolic-stimulation-for-weight-loss/)
  + [Thermojet Morfologic](http://www.simply-aesthetic.com/thermojet-morfologic/)
  + [Ion Magnum](http://www.simply-aesthetic.com/ion-magnum/)
* [Power Muscle Building & Body Toning](http://www.simply-aesthetic.com/ion-magnum/)
* Generalised & Targeted Fat Reduction
* [**ALCAT** Food Intolerance Testing](http://www.simply-aesthetic.com/alcat-food-intolerance-test/)
* Detoxification with **Neera Detox**
* **Reductil** (Feel Full Faster)

**Doctor credentials:**



**Dr Christine Cheng**

**MB.BCh (Wales), FRCA (UK)**

Anaesthetist  
Director, Simply Aesthetic Pte Ltd  
Director, Cheng Anaesthesia Pte Ltd  
Visiting Consultant, Singapore National Eye Centre

Interests:  
Aesthetic Medicine, Waterjet Plus Liposuction, Ambulatory Anaesthesia

Dr Christine’s basic medical degree was awarded by the University of Wales College of Medicine. She also holds a Bachelor of Science (Hons) in Medical Biochemistry from the University of Wales College of Cardiff. She is a Fellow of the [Royal College of Anaesthetists](http://www.rcoa.ac.uk/) (UK), and is registered as a Specialist in Anaesthesiology by the Ministry of Health and Singapore Medical Council. She is a member of the [Society of Aesthetic Medicine, Singapore](http://www.sam.org.sg/index.htm) as well as its Liposuction Interest Group.

She worked at the Singapore General Hospital prior to starting private practice in 2004. During this time, she performed clinical research in various Anaesthetic topics and has published extensively in various medical journals. She is currently a Director of Simply Aesthetic Pte Ltd and Cheng Anaesthesia Pte Ltd. She is an Anaesthetist in Private Practice, and with regular weekly sessions as a Visiting Consultant Anaesthetist to the Singapore National Eye Centre (SNEC).

Dr Christine’s interest in Aesthetic Medicine stems from a lifelong battle with obesity. Starting with dieting and exercise, she successfully reduced her weight and improved her health and fitness, but was still unable to get rid of stubborn fat and cellulite. Her career in Anaesthesia brought her into contact with Plastic Surgery both on a professional and personal level. Further exploration led her to training in Aesthetic Medicine and the establishment of Simply Aesthetic. She has been an Aesthetic Doctor since 2006, with this now being the career path by choice and passion.

She believes that Aesthetic treatments are most effective and best-maintained when combined with positive lifestyle habits. She is able to advise regarding nutrition, exercise and weight-loss. With the vast range of aesthetic procedures and equipment now available, Dr Cheng’s stringent criteria for including any products or services into the clinic are based strictly on their safety and efficacy. She has tried most of the treatments herself and recommends them, without reservation, to her family and friends.

Dr Christine has lectured to four prominent Dermatology and Plastic Surgery Associations in the Philippines about “New Techniques in Mesotherapy” and “Meso-Alopecia”, and has trained with prominent Dermatologists, Plastic Surgeons and Aesthetic Doctors from around the world:

* Dr Philippe De Prez, French Dermatologist and the inventor of Skin Tech peels
* Dr Klaus Ueberreiter, German Plastic Surgeon (Water-Jet Assisted Liposuction)
* Dr Cho Young-Shin, Korean Cosmetic Surgeon (Water-Jet Plus Liposuction)
* Dr Chanchai & Prof Niwat of Bangkok (RF in Aesthetic Medicine & Surgical Applications)
* Dr Akihiro Minami, Japanese Plastic Surgeon & inventor of No-Scar Blepharoplasty (Double Eyelid Operation)
* Dr Claudine Roura, Derm Surgeon and VASER trainer for the Philippines

Dr Christine has been trained in Water-Jet Assisted Liposuction by Dr Ueberreiter from Germany. She then visited Young Clinic in Seoul for Water-Jet Plus training with Dr Cho Young Shin. She has the honour of being the first foreign doctor to be trained in the Korean Water-Jet Plus technique, which has superior results compared to the standard WAL technique.

**Contact us:**

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